Dear [Patient Name],

We are writing to inform you about the shared care arrangement for your ADHD medication. Your ongoing treatment involves a shared care approach between your Specialist, your GP and yourselves. Below, we have outlined important information about shared care medication, your responsibilities, and the roles of the Specialist and your GP.

**What is a Shared Care Medication?**

Some medications, including certain treatments for ADHD, require a shared care agreement between a Specialist, your GP and patient.

A shared care agreement is required for what is known as ‘Amber’ drugs. These are medications that can only be prescribed by a Specialist unless a formal shared care arrangement is in place. Initially, the Specialist prescribes and monitors your medication. Once you are stable on your medication for 6 months since the last titration and the medication is effective, the GP can consider taking over prescribing as long as you continue to have annual reviews with your specialist as well as making sure your GP medication review is within date and provide us with the physical monitoring as outlined in the agreement however, they are under no obligation to do so.

This arrangement ensures that you continue receiving coordinated care from both the Specialist and your GP.

**Roles in Shared Care**

**The Specialist’s Role:**

* Confirm the diagnosis and initiate your medication.
* Provide you with information about the medication, including written and verbal instructions.
* Monitor your condition and adjust the dosage until it is stable.
* Explain the shared care process, address any concerns, and answer your questions.
* Write to the GP requesting shared care when your condition and medication are stable.
* Continue prescribing and monitoring the medication until the GP accepts shared care.
* Provide advice to your GP if requested.
* Review your medication regularly to ensure its safety and effectiveness.

**The GP’s Role:**

* Review the Specialist’s request for shared care promptly.
* If not agreeing to shared care, inform the Specialist and patient within 14 days with reasons.
* If accepting shared care, prescribe and monitor the medication as outlined by the Specialist and shared care agreement.
* Report any serious side effects to the Specialist.
* Ensure that you are recalled for necessary monitoring appointments.
* If the GP has any concerns after accepting shared care or if any dose titration is required, we reserve the right to refer the patient back to the specialist for prescribing the medication at any time.

**The Patient’s Role:**

* Take the medication as prescribed and agreed.
* Request repeat prescriptions from your GP in a timely manner.
* Attend follow-up monitoring appointments with both your GP and the Specialist.
* Inform your GP or Specialist as soon as possible if you cannot attend an appointment and reschedule promptly.
* Report any suspected side effects to your GP or Specialist.

**Shared Care Agreement**

To proceed with the shared care arrangement for [medication], we require your acknowledgment and agreement by signing the section below.

**Acknowledgment and Agreement:** I, [Patient Name], confirm that I understand the shared care arrangement and my responsibilities as outlined above. I agree to participate in the shared care of my ADHD medication.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If you have any questions or concerns, please do not hesitate to contact our practice at 0118 981 4166 or speak with your Specialist.